

Activity Report April-August 2016

Programme Developments

Phase 2 Action Plans - New Priorities:

Each of the pathfinders in Well North has had a 2-day workshop with the programme team and advisory team from Bromley-by-Bow. The Doncaster workshop took place on the 26th and 27th May to develop a more ambitious action plan to drive the work in Denaby. Fifteen people attended from Denaby and Doncaster including five local residents, a local Councillor and staff representing St Leger Homes, Doncaster CCG, the Council Wellbeing Service, Children Centres and the Youth Service.

Ambition for Denaby

- Every day a good day in Denaby
- Destination Denaby

How will we achieve this

- Making it happen on the Craggs – exploiting our physical assets
- Denaby-dosh – creating an enterprise culture
- Denaby assets – building on what we have
- Den-ergy – celebrating arts, culture and local talents
- Dena-bloom – improving green space and the environment
- Dena-do – creating and supporting local leaders

In the Community

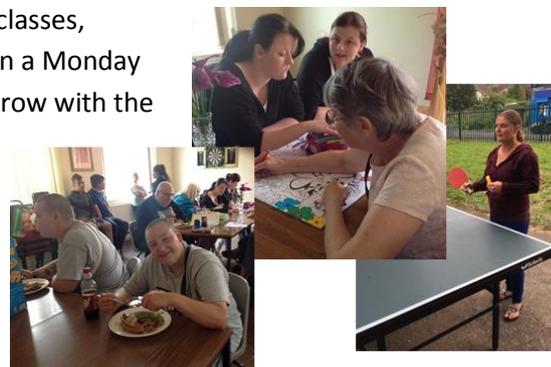
Denaby Community Library was officially opened in May and offers 18 hours of volunteer run library services. The Library was opened by Cllr Nigel Ball and the day was celebrated by local residents and community professionals. Local author, Janet Ellis, was invited to do a book reading for a class of school children who also came prepared to read excerpts from their own stories. Since its opening usage of library services continue to steadily rise, however, recruiting and sustaining volunteers has been difficult.



Information	April	May	June	July
No of registered member of Denaby Library	17	52	67	93
Active Users (Using the library services books & computers)	Not available	52	72	98
Active borrowers	6	19	28	36
Library Stock	Not available	2260	2453	2828
Books on loan	Not available	219	247	298
Computer usage	2 hours	11 hours	15 hours	39 hours
Footfall overall visitors to the Library and Hub	63	322	306	329
Re-Read books donated/books out	20/ 40	50 / 220	65/ 140	80/110

Citizens Advice Bureau's contract to offer generalist advice from the Denaby Community Library and Hub was extended through 2016/17 with 126 people accessing the service since April, 86% of which are Denaby residents. Benefits continue to be the most prevalent issue with 50% of people seeking advice. The remaining 50% is a mix of housing, debt and legal advice.

Denaby Bumping Space has continued to grow and in June expanded to 'Meet Up Mondays', running a session 4pm-8pm from Hickelton Street Community Centre where they provide food, classes, games, table tennis and pool. A wider cross section of ages is engaging on a Monday with a new influx of younger people. Wednesday sessions continues to grow with the group taking part in crafts, family history and games. PFG have invited organisations such as Victim Support, the social work lead for mental health and Green Gables to work with attendees. Eleven members of the Bumping Space attended a two-day Wellness Recovery Action Planning course at Hickleton Street Community Centre in April. All 11 members successfully completed the course which taught them skills for maintaining their mental health, and also strengthened friendships between the group members and laid foundations for a network of peer support in the area.



Month	Number of Attendees		New Attendees		Repeat Attendees	
	Springwell Centre	Hickelton Street	Springwell Centre	Hickelton Street	Springwell Centre	Hickelton Street
April	120	N/A	8	N/A	112	N/A
May	105	N/A	3	N/A	102	N/A
June	160	32	14	20	144	12
July	127	171	22	91	105	80

Low aspiration within Denaby Main is a key barrier to resident engagement with employment support, volunteering opportunities and community events. An Aspirations Week was designed through the Community Drop-In aimed at



engaging with different ages through sports, music, dance and information and raising awareness of community assets. The week included the Army running command tasks at Tom Hill Youth Club, a nostalgic sing-along at Flower Park Care Home for community members and residents, an information market alongside the regular town market with stalls around employment, apprenticeships, starting a business, carers week, stop smoking, DMBC communities team, Flower Park Care Home, SYCIL One in Six. Re-read also gave books away and raised the profile of the library while the Army came with a free climbing wall. Doncaster Rovers facilitated a free session on Flower Park for all ages, MFT provided fitness activities and information around healthy eating at the primary schools and a Teddy Bears Picnic was held through the Children's Centre. A Dragons Den was held on the Friday evening where eight residents pitched a business idea or community venture to an expert panel, with up to £250 and support from Business Doncaster available for each pitch. The week ended with a community organised Party-in-the-Park coordinated through Craganour TARA and St Leger Homes Community Development Officer.



Through the Community Drop-In residents have been supported to create a constituted group called The Darling Buds of Denaby. They run a weekly group aimed at tackling social isolation within the older population of their community whilst utilising an underused community centre. The group have increased numbers of attendees and is self-sustaining.



Denaby Community Micro Grants, facilitated by Doncaster West Development Trust, were opened for application in August. Residents of Denaby can apply for up to £500 for a community venture, one off event or business idea. Bids are discussed by a panel of Denaby residents to ensure decisions are made by local people, for local people. The August applications included ideas ranging from personalised books aimed at improving and sustaining good mental health, support for the local substance misuse group, and therapeutic craft sessions. One bid was approved and the remaining two were deferred for more information.

Doncaster West Development Trust will also start delivering a service to promote and coordinate volunteering across Denaby and Conisbrough. This will be in place from August 2016 and will bring volunteers and organisations together to benefit individuals and the local communities. The service will help to match people to local opportunities, promote training opportunities and enhance employment prospects; ensuring support is tailored to the goals of the individual. The service is currently networking with existing groups and services in the area and developing the materials to support volunteers.

Individual Support

Healthy Chats training (Making Every Contact Count) was delivered in April 2016 to 3 residents and 10 local professionals from St Leger Homes, Communities Team and Children’s Services. This training empowers people to recognise opportunities for brief health interventions around stopping smoking and healthier lifestyles with the aim to evaluate impact on their own life and on others. A follow-up session was held in July 2016 to refresh the training and seek feedback from the group, but this was poorly attended. Feedback will be sought electronically and an alternative, less formal method will be used to support the group.

In May 2016 Social Prescribing and the DMBC Wellbeing Service visited Church View Practice to promote the integration between the services. Referrals to Social Prescribing have increased markedly since the visit, from an average of less than 5 per month beforehand up to 12 referrals in May and 13 in June. Importantly, the majority of these are appropriate referrals which are accepted.

Communication

Well North officially launched in June and the website is live: www.wellnorth.co.uk. Each pathfinder site has a page which they are to update and maintain. A crew filmed at Denaby Bumping Space in May and the film is available on the website. A film has been commissioned to celebrate the work Craganour TARA are doing and raise awareness of the value of volunteering within your own community. The webpage will continue to be updated with case studies, calendar of events and short films.

A social media calendar has been created to create a cohesive media campaign which will include promoting local events, health promotion, awareness days and project updates. Denaby Community Library and Hub Facebook page is active and has reached over 1000 people. Well Doncaster Twitter account is also active and can be followed at [@WellDoncaster](https://twitter.com/WellDoncaster). A monthly Well Doncaster blog has launched in August and will cover different themes of Well Doncaster and the wider Well North programme such as developing entrepreneurship and the evaluation process. Find the blog at welldoncaster.wordpress.com



Next Steps

Recovery College

The Recovery College reframes treatment and group therapy within adult education. The transition from patient to student and the focus on learning new skills, as opposed to a passive recipient of treatment, is empowering and offers greater potential for personal development. There are additional benefits in working with other students, developing peer relationships and opportunities for further learning. Three short taster courses will be offered in September, through RDaSH, focusing on mindfulness, self-esteem and confidence building. This will test the community's appetite for wider courses, and a broader offer could be developed in a collaborative programme with all community, voluntary and statutory partners with a role to play.

Wellbeing and Recovery College

Managing Anxiety, Tuesday 6th Sept 10am-12pm:
Practical advice to improve feelings of stress and anxiety

Mindfulness, Wednesday 7th Sept, 12.30pm-2.30pm:
Improve your physical and mental wellbeing, learn to live in the present and enjoy a full and happy life

Self-esteem and Confidence Building, Friday 9th Sept 10am-12pm:
Practical ideas to boost your self-esteem and build your confidence

All sessions are **FREE**

Harrogate Drive Community Hall, Denaby, DN12 4HG.

Refreshments Available

No sign up required

Well Doncaster

Arts in the Community

Well Doncaster is working with the culture team within DMBC to submit a grant application to the Arts Council. This bid will seek to create a programme of community-led activities to cultivate and raise aspirations towards the art, with art-incubation hubs where children, young people and families can create and exhibit their own pieces. A successful bid would bolster the calendar of existing celebrations and events that is being coordinated between community groups, schools and the faith sector.

DMBC Heritage Services will develop a proposal for a Heritage Lottery Grant recruit a project manager to work with the community to develop ideas and events to take place throughout 2018 to commemorate 50 years since the last piece of coal left the colliery in 1968 and 150 years since the first house was built in 1868. This will hopefully start a tradition of celebration and highlight forgotten or overlook positives to the colliery closure.

Doncaster's Great War on Tour team is working with community groups and schools to host a Home Front event on the Craggs at Easter 2017. This will jump start work on the Craggs as the area needs clearing and will act as an opportunity to promote an underused community asset in preparation for summer.

Enterprising Denaby – supporting local business

An enterprise workshop and networking event is being held on September 20th. A key goal for Well Doncaster is to create an enterprise culture in Denaby which may involve the development of an enterprise hub, forum or market. This event is to explore how people considering a journey into enterprise can access the support available and make connections, with a focus on Denaby residents. Between 4pm-6pm, organisations and local stakeholders supporting enterprise will come together to understand the ambition for Denaby, to share information about each other, map what is already available, identify gaps and discuss future options. A networking event will follow between 6.30pm-8pm, open to local people who may have ideas, passions or interest that they want to pursue. This will provide an opportunity to network with the support organisations, and each other, to access practical support and advice.

Building Better Opportunities

Well Doncaster submitted a bid to South Yorkshire Housing Association to be part of their programme called Building Better Opportunities (BBO). This programme works with people who have complex needs, especially those on ESA, to develop skills and motivation and rapidly match people to suitable jobs, using a place-then-train approach. The bid was successful and Denaby Children Centre will now host a Health and Wellbeing Coach and Work and Enterprise Coach for 2.5 days to week. Recruitment has been delayed from the original timescale; staff are now expected to be in place in December 2016. Around 500 people claim Employment Support Allowance (ESA) in Denaby Main; as a rate this is three times the Borough average so this support will meet a clear need within the community.